



What is a tumescent liposuction and how is it used?

Liposuction has evolved over the past 20 years to a refined technique that targets fatty deposits resistant to dieting or exercise. It is not an appropriate treatment for generalized obesity.

Liposuction can be performed by a technique called tumescent liposuction. This approach utilizes lidocaine, a local anesthetic, and epinephrine, a medicine that reduces bleeding. This solution provides a safe, easy experience for the patient who is mildly sedated. Patients typically leave within an hour. Multiple tiny openings are made in the skin and are used to put in the anesthetic fluid. These are left open to promote drainage and minimize swelling and bruising. Once fat cells are removed they do not grow back, but later weight gain can cause other fat cells in the area. **Mitchell D. Kaye, MD** [Hopkinsville, Ky. (866) 234-0470 or www.AdvancedCosmeticKY.com]

Tumescent Liposuction, Breast Implants, Hearing Aids & More

If I have breast implants before having a child, will it affect my ability to breast feed when I do decide to have a baby?

A woman having breast implants has a number of decisions to make before the procedure. The implants can be placed through small, difficult to see incisions in the fold beneath the breast, in the armpit, through the belly button and finally through the nipple. The incisions placed through the nipple have a higher published rate of interference with breastfeeding than the other approaches and is less desirable if a woman is contemplating breastfeeding in the future. **Mitchell D. Kaye, MD** [Hopkinsville, Ky. (866) 234-0470 or www.AdvancedCosmeticKY.com]

Can hearing aids eliminate background noise?

The short answer is no. However, present day digital hearing aid technology can significantly reduce the effects of background noise upon speech understanding. First, the processor in most digital hearing aids can recognize differences between speech and non-speech signals, thus reducing the impact of non-speech signals such as traffic and other environmental sounds. Secondly, using directional microphones, the hearing aid can further reduce the interference of competing speech signals. So while background noise cannot be eliminated as it is part of the environment, modern digital technology can greatly reduce the detrimental effect of background noise on ones ability to understand speech. **Daniel J. Orchik, PhD, CCC-A** [Jackson, Tenn. (731) 660-5511]

Does "organic" also mean vegetarian?

While a vegetarian diet can consist of food grown organically, vegetarianism is the practice of not consuming meat. Meat as well as fruits, dairy products and vegetables can be raised organically. Organic foods are produced according to certain legally regulated standards. Crops must be grown without using pesticides or additives. Meat must be raised without the use of common commercial farm practices, such as the use of antibiotics and hormones. A certified organic label is normally the way a consumer can identify food that is produced organically. **Clifford Walton, Jr.** [Jackson, Tenn. (731) 984-8383]

What is a dental implant?

An implant is a man-made tooth root that occupies the positions that your natural teeth once held. Implants are made from a biologically safe metal and are designed in various shapes and sizes to fit your individual needs. Because implants provide the look, feel, comfort and convenience of natural teeth, many individuals have made this investment in improving their lives. Candidates for implants can include anyone, from a teenager who has lost a tooth in a football injury to an 80-year-old who has worn dentures for 30 years. The procedure is a safe and comfortable one, with long-term benefits that include relief from pain and reclaiming natural chewing ability. **Walter Chitwood, Jr., DDS** [Murfreesboro, Tenn. (615) 893-8771]

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